

Background:

The N.D. Department of Human Services Aging Services Division received federal funds to provide support and services to caregivers in the state. In 2002, each regional Human Service Center was allocated funds to implement the Family Caregiver Support Program, and caregiver coordinators were hired to administer services to caregivers in their regions.

Program Purpose:

The program provides a system of support services to unpaid caregivers of older adults, as well as grandparents and relative caregivers who are caring for children to help them address caregiver challenges. Care giving without a support system can lead to burnout, which can cause increased stress and other problems.

Who qualifies for services?

- Individuals who are caring for an adult age 60 or older.
- Grandparents or other relative caregivers who are 55 years of age or older and who are caring for a child age 18 or younger.
- Grandparents or other relative caregivers who are 55 years of age or older caring for an adult child with a disability between age 19 to 59.
- Individuals who are caring for a person with Alzheimer's or a related dementia regardless of their age.

What services are provided?

- **Information** about local services and supports in the community.
- **Assistance** from a trained caregiver coordinator to help caregivers assess needs and access support services.
- **Counseling, Support Groups and Training** services to meet caregivers' individual needs for assistance.
- **Respite Care** for temporary relief to caregivers who provide 24-hour care.
- **Supplemental Services** to assist with the cost of incontinence supplies and assistive devices.

What is the cost for services?

- Services are provided at **no cost** to qualifying people and are federally funded under the Older Americans Act.
- Caregivers have the opportunity to contribute toward the cost of services.

Who is not eligible for services?

- Caregivers who are being paid privately to provide care are not eligible to receive services through the Family Caregiver Support Program.
- If either the caregiver or the person receiving the care is participating in other federal, state or county funded programs, they are not eligible to receive services through the Family Caregiver Support Program.

Program Statistics for the 2009 Federal Fiscal Year

Oct. 2008 – Sept. 2009

- 453 caregivers received services
 - 7 grandparents received program services
 - 175 caregivers received Supplemental Services
 - 56,182 hours of Respite Care services were used by caregivers
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Contact:

N.D. Department of Human Services Aging Services Division

ND Aging and Disability Resource-LINK
1-800-451-8693

E-mail carechoice@nd.gov

Website: www.carechoice.nd.gov

OR

A Regional Human Service Center:

Bismarck 701-328-8888 / 888-328-2662

Devils Lake 701-665-2200 / 888-607-8610

Dickinson 701-227-7500 / 888-227-7525

Fargo 701-298-4500 / 888-342-4900

Grand Forks 701-795-3000 / 888-256-6742

Jamestown 701-253-6300 / 800-260-1310

Minot 701-857-8500 / 888-470-6968

Williston 701-774-4600 / 800-231-7724