

BRFSS RISK FACTORS FOR ROLETTE COUNTY IN 2007			
	Rolette County 2007 % (95% CI)	ND 2007 % (95% CI)	US 2007 %
Activity Limitation and Quality of Life			
Percentage who reported a limitation in any activities due to an impairment or health problem.	15.4 (11.0-19.7)	15.0 (13.9-16.2)	18.9
Percentage who reported 8 or more days in the past 30 when their physical health was not good.	8.1 (5.3-10.9)	9.8 (8.8-10.8)	NA
Percentage who reported 8 or more days in the past 30 when their mental health was not good.	13.4 (3.2-23.7)	9.4 (8.2-10.5)	NA
Percentage who reported 8 or more days in the past 30 when their physical or mental health keep from usual activities.	5.8 (3.2- 8.3)	5.8 (5.0- 6.7)	NA
Alcohol Use			
Percentage who reported heavy drinking (>2/day for men, >1/day women).	4.8 (1.9- 7.7)	5.0 (4.0- 6.0)	5.2
Percentage who reported having five or more drinks on one occasion at least once in past month.	22.2 (16.0-28.3)	23.2 (21.4-25.1)	15.8
Arthritis			
Percentage who reported ever being told by a doctor or other health professional that they had some form of arthritis.	28.9 (21.6-36.2)	26.9 (25.4-28.4)	27.5
Percentage who reported current (past 30 days) pain, aching or stiffness around a joint lasting longer than three months.	34.5 (26.6-42.3)	31.7 (30.1-33.4)	NA
Percentage who reported being limited in any usual activities because of arthritis or joint symptoms	32.5 (22.9- 42.0)	26.5 (24.3-28.6)	31.8
Asthma			
Percentage age 18 and older who report ever having been told by a doctor, nurse or other health professional that they had asthma.	9.2 (6.0-12.4)	11.2 (10.0-12.4)	13.1
Percentage who reported current asthma.	6.5 (3.7- 9.3)	7.7 (6.7- 8.7)	8.4

Cholesterol Awareness			
Percentage who reported that they have never had their cholesterol checked.	23.5 (16.6-30.4)	22.5 (20.6-24.5)	21.3
Percentage who reported being told by a doctor, nurse or other health professional they had high cholesterol among those who ever had their cholesterol checked.	28.9 (21.0-36.8)	37.1 (35.3-38.9)	37.6
Diabetes			
Percentage who reported that they had ever been told by a doctor that they had diabetes, except during pregnancy only.	11.2 (7.1-15.3)	6.3 (5.6- 7.0)	7.5
Emotional Support and Life Satisfaction			
Percentage who reported that they were dissatisfied or very dissatisfied with their life.	3.8 (1.9- 5.7)	6.3 (5.6- 7.0)	5.5
Health Care Access			
Percentage who reported no health insurance or other health care coverage.	36.8 (28.8-44.7)	11.8 (10.3-13.2)	14.2
Percentage who reported being unable to see a doctor due to cost one or more times during the past 12 months.	13.3 (7.8-18.8)	6.9 (5.9- 7.9)	13.5
Percentage who reported that they did not have one person that they considered to be their personal health care provider.	50.2 (41.3-59.1)	23.4 (21.6-25.1)	19.9
Health Status			
Percentage who reported that in general their health was fair or poor.	16.9 (12.2-21.6)	12.5 (11.4-13.6)	14.9
Heart Attack and Stroke			
Percentage who reported ever being told by a doctor, nurse or other health professional that they had had a heart attack or myocardial infarction.	2.6 (1.1- 4.0)	3.9 (3.4- 4.5)	4.2
Percentage who reported ever being told by a doctor, nurse or other health professional that they had angina or coronary heart disease.	3.4 (1.4- 5.5)	4.1 (3.5- 4.6)	4.1
Percentage who reported ever being told by a doctor, nurse or other health professional that they had had a stroke.	1.5 (0.6- 2.4)	2.3 (1.9- 2.7)	2.6

Percentage who report heart attack, heart disease or stroke.	5.4 (2.9- 7.9)	7.5 (6.8- 8.3)	NA
Hypertension Awareness			
Percentage who reported ever being told by a doctor, nurse or other health professional that they had high blood pressure.	35.0 (26.9-43.2)	26.0 (24.5-27.4)	27.8
Immunization			
Percentage age 65 and older who reported that they had not had an influenza vaccine within the past 12 months.	31.9 (16.7-47.1)	27.6 (24.8-30.3)	28.0
Percentage age 65 and older who reported that they had never have a pneumococcal vaccine.	38.4 (21.3-55.5)	29.5 (26.6-32.4)	32.7
Mental Health and Stigma			
Percentage who reported ever being told by a doctor, nurse or other health professional that they had an anxiety disorder.	13.0 (8.1-17.9)	10.6 (9.4-11.8)	NA
Percentage who reported ever being told by a doctor, nurse or other health professional that they has a depressive disorder.	10.2 (6.0-14.4)	15.9 (14.5-17.4)	NA
Obese and Overweight			
Percentage who are either overweight or obese based on self-reported height and weight.	77.5 (70.9-84.1)	64.9 (63.0-66.9)	63.0
Percentage who are overweight but not obese based on self-reported height and weight.	37.4 (28.9-45.9)	37.9 (36.1-39.8)	36.6
Percentage who are obese based on self-reported height and weight.	40.0 (30.7-49.4)	27.0 (25.3-28.7)	26.3
Osteoporosis			
Percentage who reported ever being told by a doctor, nurse or other health professional that they had osteoporosis.	3.0 (1.8- 4.2)	4.6 (4.0- 5.2)	NA
Physical Activity			
Percentage whose self-reported physical activity level did not meet the recommendation for moderate or vigorous physical activity.	44.8 (37.4-52.2)	47.3 (45.4-49.3)	50.5
Percentage who reported no leisure time physical activity.	8.1 (4.2-12.0)	6.0 (5.2- 6.9)	9.9

Tobacco			
Percentage who reported current smoke cigarette smoking some days or everyday.	35.1 (25.7-44.4)	20.9 (19.3-22.6)	19.8
Percentage of smokers who reported that during the past 12 months they had stopped smoking for one day or longer because they were trying to quit	61.4 (45.2-77.7)	52.8 (48.3-57.2)	57.6
Percentage of men who report current smokeless tobacco use.	9.2 (4.9-13.5)	4.9 (4.0- 5.9)	NA