

NELSON COUNTY 2007: ALL QUESTIONS TABLE

Guidelines for interpretation

- These results represent the distribution of responses to all questions in the survey. They do not represent specific risk factors. For instance, the risk factor for current smoking is derived from two questions: “Have you smoked 100 cigarettes in your life?” and “Do you smoke cigarettes every day, some day or not at all?” Slightly less than half of all respondents have smoked 100 cigarettes in their life and about one-third of ever smokers still smoke. The rate of current smoking is only about 13%. This result is found in a risk factor table.
- All analyses exclude the unknown and missing responses unless the question is a knowledge or opinion question. Only for an occasional question (e.g., income) is the percentage of missing and unknown results substantial.
- The total survey size is 576 surveys. This means for some questions the number of respondents is small and gives an unstable result. If the number of respondents is less than 10 the result has been marked with an * noting that the result is potentially highly unstable. However, results between 10 and 50 are unstable but are not marked as such.
- Below every table is a description of the population asked the question. For instance, below the table for “Do you smoke cigarettes every day, some days or not at all?” it is labeled that the question was only asked of people who had ever smoked 100 cigarettes in their lifetime.
- Just because the difference between the county result and the state results looks substantial, it does not mean the difference is “real.” It may be a phenomenon of small numbers in the county survey. The table of risk factors provide you with confidence intervals to allow you to determine if the result is statistically different. If the confidence limits for the state value and the county value do not overlap, the result is statistically different (that is, unlikely to be due to chance alone). Confidence intervals are not provided in this table.
- Differences observed may be due to simple differences in the population distribution (e.g., percent of elderly persons).

Health Status

Would you say that in general your health is excellent, very good, good, fair, or poor?

Response Categories	Nelson County %	North Dakota %
Excellent	15	21
Very good	37	36
Good	34	32
Fair	11	9
Poor	3	3

Percentage among all respondents, excluding unknown and missing

Healthy Days – Health Related Quality of Life

Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

Response Categories	Nelson County %	North Dakota %
0	68	68
1-2	11	13
3-7	10	9
8-29	7	7
30	5	4

Percentage among all respondents, excluding unknown and missing

Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

Response Categories	Nelson County %	North Dakota %
0	73	69
1-2	10	10
3-7	7	11
8-29	7	7
30	3	3

Percentage among all respondents, excluding unknown and missing

During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

Response Categories	Nelson County	North Dakota
	%	%
0	69	83
1-2	11	7
3-7	9	5
8-29	6	4
30	5	2

Percentage among respondents reporting poor physical or mental health in the past 30 days, excluding unknown and missing

Health Care Access

Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare?

Response Categories	Nelson County %	North Dakota %
Yes	91	88
No	9	12

Percentage among all respondents, excluding unknown and missing

Do you have one person you think of as your personal doctor or health care provider?

Response Categories	Nelson County %	North Dakota %
Yes, 1	71	67
Yes, >1	11	8
No	18	25

Percentage among all respondents, excluding unknown and missing

Was there a time in the past 12 months when you needed to see a doctor but could not because of the cost?

Response Categories	Nelson County %	North Dakota %
Yes	6	8
No	94	92

Percentage among all respondents, excluding unknown and missing

About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition.

Response Categories	Nelson County %	North Dakota %
<1 year	66	62
1-2 years	11	16
2-5 years	9	10
5+ years	13	12
Never	1*	1

Percentage among all respondents, excluding unknown and missing

Exercise

During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

Response Categories	Nelson County %	North Dakota %
Yes	70	78
No	30	22

Percentage among all respondents, excluding unknown and missing

Diabetes

Have you EVER been told by a doctor that you have diabetes?

Response Categories	Nelson County %	North Dakota %
Yes	8	7
Yes, during pregnancy	1*	1
No	90	92
No, pre-diabetes or borderline diabetes	1*	1

Percentage among all respondents, excluding unknown and missing

How old were you when you were told you have diabetes?

Response Categories	Nelson County %	North Dakota %
0-19	1*	3
20-39	6*	14
40-59	41	51
60-79	51	30
80-97	1*	3

Percentage among respondents reporting ever being told by a doctor they have diabetes (non-gestational), excluding unknown and missing

Are you now taking insulin?

Response Categories	Nelson County %	North Dakota %
Yes	24	26
No	76	74

Percentage among respondents reporting ever being told by a doctor they have diabetes (non-gestational), excluding unknown and missing

Are you now taking diabetes pills?

Response Categories	Nelson County %	North Dakota %
Yes	72	71
No	29	29

Percentage among respondents reporting ever being told by a doctor they have diabetes (non-gestational), excluding unknown and missing

About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional.

Response Categories	Nelson County %	North Dakota %
Never	10*	10
<1 per week	4*	4
1-6 per week	20	21
1 per day	35	26
2 per day	16	21
3+ per day	14	18

Percentage among respondents reporting ever being told by a doctor they have diabetes (non-gestational), excluding unknown and missing

About how often do you check your feet for any sores or irritations? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional.

Response Categories	Nelson County %	North Dakota %
Never	13*	9
<1 per week	4*	10
1-6 per week	17	19
1+ per day	66	62

Percentage among respondents reporting ever being told by a doctor they have diabetes (non-gestational), excluding unknown and missing

Have you EVER had any sores or irritations on your feet that took more than four weeks to heal?

Response Categories	Nelson County %	North Dakota %
Yes	3*	10
No	97	90

Percentage among respondents reporting ever being told by a doctor they have diabetes (non-gestational), excluding unknown and missing

About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes?

Response Categories	Nelson County %	North Dakota %
0	8*	8
1	25	20
2	15*	26
3	19*	15
4	20	22
5+ per year	13*	9

Percentage among respondents reporting ever being told by a doctor they have diabetes (non-gestational), excluding unknown and missing

A test for "A one C" measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for "A one C"?

Response Categories	Nelson County %	North Dakota %
0	3*	8
1	15*	22
2	31	34
3	26	15
4	16*	18
5+ per year	9*	4

Percentage among respondents reporting ever being told by a doctor they have diabetes (non-gestational), excluding unknown and missing Note: Excludes 16% who did not know or who reported never having heard of HgA1c.

About how many times in the past 12 months has a health professional checked your feet for any sores or irritations?

Response Categories	Nelson County %	North Dakota %
0	30	17
1	19	31
2	16*	23
3	15*	9
4	11*	11
5+ per year	10*	9

Percentage among respondents reporting ever being told by a doctor they have diabetes (non-gestational) who still have one or both feet, excluding unknown and missing

When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light.

Response Categories	Nelson County %	North Dakota %
<1 month	18	19
1-12 months	54	55
1-2 years	21	14
2+ years	8*	10
Never	0*	2

Percentage among respondents reporting ever being told by a doctor they have diabetes (non-gestational), excluding unknown and missing

Has a doctor EVER told you that diabetes has affected your eyes or that you had retinopathy?

Response Categories	Nelson County %	North Dakota %
Yes	12*	14
No	89	86

Percentage among respondents reporting ever being told by a doctor they have diabetes (non-gestational), excluding unknown and missing

Have you EVER taken a course or class in how to manage your diabetes yourself?

Response Categories	Nelson County %	North Dakota %
Yes	56	57
No	45	43

Percentage among respondents reporting ever being told by a doctor they have diabetes (non-gestational), excluding unknown and missing

Hypertension Awareness

Have you EVER been told by a doctor, nurse, or other health professional that you have high blood pressure?

Response Categories	Nelson County %	North Dakota % (2005)
Yes	39	23
No	61	76
Yes, during pregnancy	1*	1

Percentage among all respondents, excluding unknown and missing

Are you currently taking medicine for your high blood pressure?

Response Categories	Nelson County %	North Dakota % (2005)
Yes	86	84
No	14	16

Percentage among respondents reporting ever being told by a doctor, nurse or other health professional they have high blood pressure, excluding unknown and missing

Cholesterol Awareness

Blood cholesterol is a fatty substance found in the blood. Have ever had your blood cholesterol checked?

Response Categories	Nelson County %	North Dakota % (2005)
Yes	85	77
No	15	23

Percentage among all respondents, excluding unknown and missing

About how long has it been since you last had your blood cholesterol checked?

Response Categories	Nelson County %	North Dakota % (2005)
< 1 year	72	65
1-2 years	11	16
2-5 years	11	13
5+ years	6	6

Percentage among respondents reporting ever having had their cholesterol checked, excluding unknown and missing

Have you EVER been told by a doctor, nurse or other health professional that your blood cholesterol is high?

Response Categories	Nelson County %	North Dakota % (2005)
Yes	45	35
No	55	65

Percentage among respondents reporting ever having had their cholesterol checked, excluding unknown and missing

Cardiovascular Disease Prevalence

Has a doctor, nurse, or other health professional EVER told you that you had any of the following?

(Ever told) you had a heart attack, also called a myocardial infarction?

Response Categories	Nelson County %	North Dakota %
Yes	6	4
No	94	96

Percentage among all respondents, excluding unknown and missing

(Ever told) you had angina or coronary heart disease?

Response Categories	Nelson County %	North Dakota %
Yes	6	4
No	94	96

Percentage among all respondents, excluding unknown and missing

(Ever told) you had a stroke?

Response Categories	Nelson County %	North Dakota %
Yes	3	2
No	97	98

Percentage among all respondents, excluding unknown and missing

Asthma

Have you ever been told by a doctor, nurse or other health professional that you had asthma?

Response Categories	Nelson County %	North Dakota %
Yes	10	10
No	90	90

Percentage among all respondents, excluding unknown and missing

Do you still have asthma?

Response Categories	Nelson County %	North Dakota %
Yes	8	7
No	93	93

Percentage among respondents reporting ever being told by a doctor, nurse or other health professional they had asthma, excluding unknown and missing

Immunization

A flu shot is an influenza vaccine injected in your arm. During the past 12 months, have you had a flu shot?

Response Categories	Nelson County %	North Dakota %
Yes	51	38
No	49	62

Percentage among all respondents, excluding unknown and missing

During the past 12 months, have you had a flu vaccine that was sprayed in your nose? The flu vaccine that is sprayed in the nose is also called FluMist™.

Response Categories	Nelson County %	North Dakota %
Yes	1*	1
No	99	99

Percentage among all respondents, excluding unknown and missing

A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person's lifetime and is different from the flu shot. Have you ever had a pneumonia shot?

Response Categories	Nelson County %	North Dakota %
Yes	36	26
No	65	74

Percentage among all respondents, excluding unknown and missing

Have you ever received the Hepatitis B vaccine? The hepatitis B vaccine is completed after the third shot is given.

Response Categories	Nelson County %	North Dakota %
Yes	29	38
No	71	62

Percentage among all respondents, excluding unknown and missing

Tell me if any of these statements are true for you. Don't tell me which statement or statements are true for you, just if any of them are true.

- You have hemophilia and have received clotting factor concentrate
- You are a man who has had sex with other men, even if just one time
- You have taken street drugs by needle, even if just one time
- You have traded sex for money or drugs, even if just one time
- You have tested positive for HIV
- You have had sex (even is just one time) with a person who would answer yes to any of these questions
- You had more than two sex partners in the past year

Response Categories	Nelson County %	North Dakota %
Yes	2*	4
No	99	96

Percentage among all respondents, excluding unknown and missing

Tobacco Use

Have you smoked at least 100 cigarettes in your entire life?

Response Categories	Nelson County %	North Dakota %
Yes	49	44
No	51	56

Percentage among all respondents, excluding unknown and missing

Do you now smoke cigarettes every day, some days, or not at all?

Response Categories	Nelson County %	North Dakota %
None now	67	36
Some days	7	9
Every day	26	55

Percentage among respondents reporting having smoked at least 100 cigarettes in their life, excluding unknown and missing

During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

Response Categories	Nelson County %	North Dakota %
Yes	37	49
No	63	51

Percentage among respondents reporting smoking some days or every day, excluding unknown and missing

Demographics

What is your age?

Response Categories	Nelson County %	North Dakota %
18-24	5	16
25-34	9	16
35-44	17	17
45-54	19	20
55-64	15	13
65-74	19	9
75+	16	10

Percentage among all respondents, excluding unknown and missing

Are you Hispanic or Latino?

Response Categories	Nelson County %	North Dakota %
Yes	1*	1
No	99	99

Percentage among all respondents, excluding unknown and missing

Which one or more of the following would you say is your race? Would you say: White, Black or African American, Asian, Native Hawaiian or Other Pacific Islander, American Indian or Alaska Native, or Other?

Response Categories	Nelson County %	North Dakota %
White	99	94
AI	0*	3
Other	0*	2
Multirace	1*	1

Percentage among all respondents, excluding unknown and missing

Which one of these groups would you say best represents your race?

Response Categories	Nelson County %	North Dakota %
White	99	94
AI	0*	4
Other	1*	2

Percentage among respondents reporting more than one race, excluding unknown and missing

Are you married, divorced, widowed, separated, never married, or a member of an unmarried couple?

Response Categories	Nelson County %	North Dakota %
Married	70	64
Divorced	7	7
Widowed	11	7
Separated	1*	1
Never Married	10	18
Unmarried Couple	1*	3

Percentage among all respondents, excluding unknown and missing

How many children less than 18 years of age live in your household?

Response Categories	Nelson County %	North Dakota %
0	69	62
1	12	15
2	12	13
3	4	7
4+	3	2

Percentage among all respondents, excluding unknown and missing

What is the highest grade or year of school you completed?

Response Categories	Nelson County %	North Dakota %
<HS	8	8
High School	33	29
Some College	32	32
College	27	31

Percentage among all respondents, excluding unknown and missing

Are you currently: employed for wages, self-employed, out of work for more than 1 year, out of work for less than 1 year, a homemaker, a student, retired, or unable to work?

Response Categories	Nelson County %	North Dakota %
Wages	45	56
Self	16	11
Unemployed > 1 year	0*	1
Unemployed < 1 year	2*	2
Homemaker	9	7
Student	1*	5
Retired	24	15
Unable to work	3	3

Percentage among all respondents, excluding unknown and missing

Is your annual household income from all sources?

Response Categories	Nelson County %	North Dakota %
<\$10,000	3	4
\$10-\$15,000	5	4
\$15-\$20,000	8	6
\$20-\$25,000	10	9
\$25-\$35,000	17	15
\$35-\$50,000	25	20
\$50-\$75,000	18	21
\$75,000+	15	21

Percentage among all respondents, excluding unknown and missing

About how much do you weigh without shoes?

Response Categories	Nelson County %	North Dakota %
<125	7	7
125-149	13	19
150-174	21	23
175-199	25	22
200-224	16	16
225-249	8	7
250+	10	7

Percentage among all respondents, excluding unknown and missing

About how tall are you without shoes?

Response Categories	Nelson County %	North Dakota %
<62 in	5	6
62-67	47	44
68-71	30	31
72+	19	19

Percentage among all respondents, excluding unknown and missing

What is your ZIP Code where you live?

Response Categories	Nelson County %
58212	12
58224	2*
58245	0*
58250	0*
58254	18
58259	11
58266	0*
58272	9
58284	0*
58295	0*
58301	0*
58321	0*
58334	0*
58337	0*
58341	0*
58344	30
58354	0*
58361	8
58380	9
58386	0*
58631	0*

Percentage among all respondents, excluding unknown and missing

During the past 12 months, has your household been without telephone service for 1 week or more? Do not include interruptions of phone service due to weather or natural disasters.

Response Categories	Nelson County %	North Dakota %
Yes	2*	4
No	99	96

Percentage among all respondents, excluding unknown and missing

Sex of respondent

Response Categories	Nelson County %	North Dakota %
Male	48	50
Female	52	50

Percentage among all respondents, excluding unknown and missing

To your knowledge, are you now pregnant?

Response Categories	Nelson County %	North Dakota %
Yes	6*	7
No	94	93

Percentage among all females ages 18-44, excluding unknown and missing

Disability

Are you limited in any way in any activities because of physical, mental, or emotional problems?

Response Categories	Nelson County %	North Dakota %
Yes	20	15
No	80	85

Percentage among all respondents, excluding unknown and missing

Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? Include occasional use or use in certain circumstances

Response Categories	Nelson County %	North Dakota %
Yes	8	4
No	92	96

Percentage among all respondents, excluding unknown and missing

Veteran's Status

Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit?

Response Categories	Nelson County %	North Dakota %
Yes	16	15
No	84	85

Percentage among all respondents, excluding unknown and missing

Alcohol Consumption

During the past 30 days, have you had at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?

Response Categories	Nelson County %	North Dakota %
Yes	60	59
No	41	41

Percentage among all respondents, excluding unknown and missing

During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage? (Days per month)

Response Categories	Nelson County %	North Dakota %
1-7	77	73
8-14	18	19
15-29	3*	4
30	3	4

Percentage among respondents reporting having had at least one drink in the past 30 days, excluding unknown and missing

One drink is equivalent to a 12 ounce beer, a 5 ounce glass of wine, or a drink with one shot of liquor. On the days when you drank, during the past 30 days, about how many drinks did you drink on the average?

Response Categories	Nelson County %	North Dakota %
1	35	36
2	31	29
3	13	14
4	6	6
5+	16	15

Percentage among respondents reporting having had at least one drink in the past 30 days, excluding unknown and missing

Considering all types of alcoholic beverages, how many times during the past 30 days did you have 5 or more drinks on one occasion?

Response Categories	Nelson County %	North Dakota %
0	63	63
1	15	16
2	9	9
3	7	4
4	2*	3
5+	5	6

Percentage among respondents reporting having had at least one drink in the past 30 days, excluding unknown and missing

During the past 30 days, what is the largest number of drinks you had on any occasion?

Response Categories	Nelson County %	North Dakota %
1	22	22
2	19	24
3	19	15
4	8	8
5-8	22	21
9+	10	11

Percentage among respondents reporting having had at least one drink in the past 30 days, excluding unknown and missing

Arthritis Burden

During the past 30 days, have you had symptoms of pain, aching, or stiffness in or around a joint?

Response Categories	Nelson County %	North Dakota % (2005)
Yes	41	40
No	59	60

Percentage among all respondents, excluding unknown and missing

Did your joint symptoms first begin more than 3 months ago?

Response Categories	Nelson County %	North Dakota % (2005)
Yes	84	83
No	16	17

Percentage among respondents reporting joint symptoms in the past 30 days, excluding unknown and missing

Have you ever seen a doctor or other health professional for these joint symptoms?

Response Categories	Nelson County %	North Dakota % (2005)
Yes	76	74
No	24	26

Percentage among respondents reporting joint symptoms in the past 30 days that began more than 3 months ago, excluding unknown and missing

Have you ever been told by a doctor or other health professional that you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?

Response Categories	Nelson County %	North Dakota % (2005)
Yes	34	26
No	66	74

Percentage among all respondents, excluding unknown and missing

Are you now limited in any way in any of your usual activities because of arthritis or joint symptoms?

Response Categories	Nelson County %	North Dakota % (2005)
Yes	31	26
No	69	74

Percentage among respondents reporting joint symptoms in the past 30 days or doctor diagnosed arthritis, excluding unknown and missing

Fruit and Vegetables

How often do you drink fruit juices such as orange, grapefruit, or tomato?

Response Categories	Nelson County %	North Dakota % (2005)
Never	9	9
< 1 per week	12	15
1-6 per week	40	40
1 per day	34	28
> 1 per day	6	7

Percentage among all respondents, excluding unknown and missing

Not counting juice, how often do you eat fruit?

Response Categories	Nelson County %	North Dakota % (2005)
Never	1*	2
< 1 per week	9	12
1-6 per week	45	46
1 per day	25	24
> 1 per day	21	16

Percentage among all respondents, excluding unknown and missing

How often do you eat green salad?

Response Categories	Nelson County %	North Dakota % (2005)
Never	6	6
<1 per week	10	13
1-6 per week	68	65
1 per day	14	14
>1 per day	3	2

Percentage among all respondents, excluding unknown and missing

How often do you eat potatoes not including French fries, fried potatoes or potato chips?

Response Categories	Nelson County %	North Dakota % (2005)
Never	2	3
<1 per week	5	15
1-6 per week	79	73
1 per day	13	8
>1 per day	1*	1

Percentage among all respondents, excluding unknown and missing

How often do you eat carrots?

Response Categories	Nelson County %	North Dakota % (2005)
Never	3	6
<1 per week	18	30
1-6 per week	72	57
1 per day	6	7
>1 per day	1*	1

Percentage among all respondents, excluding unknown and missing

Not counting carrots, potatoes, or salad, how many servings of vegetables do you usually eat?

Response Categories	Nelson County %	North Dakota % (2005)
Never	2	2
<1 per week	1*	4
1-6 per week	30	32
1 per day	39	35
>1 per day	29	28

Percentage among all respondents, excluding unknown and missing

Physical Activity

When you are at work, which of the following best describes what you do?
Would you say: mostly sitting or standing, mostly walking, or mostly heavy lifting or physically demanding work?

Response Categories	Nelson County %	North Dakota % (2005)
Sit or Stand	57	58
Walk	23	24
Heavy	21	18

Percentage among respondents reporting they are employed for wages or self-employed, excluding unknown and missing

Now, thinking about the moderate physical activities you do when you are not working (if employed or self-employed) in a usual week, do you do moderate activities for at least 10 minutes at a time, such as brisk walking, bicycling, vacuuming, gardening, or anything else that causes small increases in breathing or heart rate?

Response Categories	Nelson County %	North Dakota % (2005)
Yes	86	87
No	14	13

Percentage among all respondents, excluding unknown and missing

Now thinking about the vigorous physical activities you do when you are not working (if employed or self-employed) in a usual week, do you do vigorous activities for at least 10 minutes at a time, such as running, aerobics, heavy yard work, or anything else that causes large increases in breathing or heart rate?

Response Categories	Nelson County %	North Dakota % (2005)
Yes	40	51
No	60	49

Percentage among all respondents, excluding unknown and missing

HIV/AIDS

Have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation. Include test using fluid from your mouth.

Response Categories	Nelson County %	North Dakota %
Yes	19	24
No	81	76

Percentage among respondents age 18-64, excluding unknown and missing

Not including blood donations, in what month and year was your last HIV test? (Include saliva tests)

Response Categories	Nelson County %	North Dakota %
1986-1999	23	28
2000	3*	6
2001	5*	6
2002	1*	8
2003	10*	6
2004	18*	11
2005	14*	23
2006	27	13

Percentage among respondents ages 18-64 reporting ever having been tested for HIV, excluding unknown and missing

Where did you have your last HIV test at, a private doctor or HMO, a counseling and testing site, a hospital, a clinic, in a jail or prison, home, or somewhere else?

Response Categories	Nelson County %	North Dakota %
Private doctor/HMO	15	20
Council/test	0*	2
Hospital	19*	20
Clinic	57	40
Jail/prison	3*	2
Drug treatment facility	0*	0*
At home	2*	4
Someplace else	5*	12

Percentage among respondents ages 18-64 reporting ever having been tested for HIV, excluding unknown and missing

Was it a rapid test where you could get your results within a few hours?

Response Categories	Nelson County %	North Dakota %
Yes	20	11
No	80	89

Percentage among respondents 18-64 reporting having been tested for HIV during the last 12 months, excluding unknown and missing

Emotional Support & Life Satisfaction

How often do you get the social and emotional support you need?

Response Categories	Nelson County %	North Dakota %
Always	48	48
Usually	34	36
Sometimes	13	9
Rarely	3	2
Never	3	4

Percentage among all respondents, excluding unknown and missing

In general, how satisfied are you with your life?

Response Categories	Nelson County %	North Dakota %
Very satisfied	43	46
Satisfied	54	50
Dissatisfied	3	3
Very Dissatisfied	0*	0

Percentage among all respondents, excluding unknown and missing

Gastrointestinal Disease

Which statement best describes the rules about smoking inside your home?

Response Categories	Nelson County %	North Dakota %
Yes	12	NA
No	88	NA

Percentage among all respondents, excluding unknown and missing

Did you visit a doctor, nurse or other health professional for this diarrheal illness?

Response Categories	Nelson County %	North Dakota %
Yes	16	NA
No	84	NA

Percentage among respondents reporting diarrhea in past 30 days, excluding unknown and missing

When you visited your health care provider, did you provide a stool sample for testing?

Response Categories	Nelson County %	North Dakota %
Yes	34*	NA
No	66*	NA

Percentage among respondents reporting diarrhea in past 30 days, excluding unknown and missing

Cardiovascular Health

After you left the hospital following your heart attack did you go to any kind of outpatient rehabilitation? This is sometimes called “rehab.”

Response Categories	Nelson County %	North Dakota % (2005)
Yes	49	50
No	51	50

Percentage among respondents reporting prior heart attack, excluding unknown and missing

After you left the hospital following your stroke did you go to any kind of outpatient rehabilitation? This is sometimes called “rehab.”

Response Categories	Nelson County %	North Dakota % (2005)
Yes	45*	36
No	55	64

Percentage among respondents reporting prior stroke, excluding unknown and missing

Do you take aspirin daily or every other day?

Response Categories	Nelson County %	North Dakota % (2005)
Yes	33	38
No	67	62

Percentage among all respondents, excluding unknown and missing

Do you have a health problem or condition that makes taking aspirin unsafe for you?

Response Categories	Nelson County %	North Dakota % (2005)
Yes, not stomach related	7	6
Yes, stomach problems	5	6
No	89	88

Percentage among respondents reporting not taking aspirin every day or every other day, excluding unknown and missing

Heart Attack and Stroke

Do you think pain or discomfort in the jaw, neck or back are symptoms of a heart attack?

Response Categories	Nelson County %	North Dakota % (2003)
Yes	57	57
No	26	23
Don't Know	17	20

Percentage among all respondents, excluding missing

Do you think feeling weak, lightheaded, or faint are symptoms of a heart attack?

Response Categories	Nelson County %	North Dakota % (2003)
Yes	67	74
No	17	13
Don't Know	16	13

Percentage among all respondents, excluding missing

Do you think chest pain or discomfort are symptoms of a heart attack?

Response Categories	Nelson County %	North Dakota % (2003)
Yes	95	95
No	4	3
Don't Know	1	2

Percentage among all respondents, excluding missing

Do you think sudden trouble seeing in one or both eyes is a symptom of a heart attack?

Response Categories	Nelson County %	North Dakota % (2003)
Yes	34	38
No	37	30
Don't Know	30	32

Percentage among all respondents, excluding missing

Do you think pain or discomfort in the arms or shoulder are symptoms of a heart attack?

Response Categories	Nelson County %	North Dakota % (2003)
Yes	90	90
No	6	6
Don't Know	4	4

Percentage among all respondents, excluding missing

Do you think shortness of breath is a symptom of a heart attack?

Response Categories	Nelson County %	North Dakota % (2003)
Yes	88	88
No	7	6
Don't Know	6	6

Percentage among all respondents, excluding missing

Do you think sudden confusion or trouble speaking are symptoms of a stroke?

Response Categories	Nelson County %	North Dakota % (2003)
Yes	91	88
No	4	3
Don't Know	6	9

Percentage among all respondents, excluding missing

Do you think sudden numbness or weakness of face, arm, or leg especially on one side, are symptoms of a stroke?

Response Categories	Nelson County %	North Dakota % (2003)
Yes	95	94
No	2	2
Don't Know	3	4

Percentage among all respondents, excluding missing

Do you think sudden trouble seeing in one or both eyes is a symptom of a stroke?

Response Categories	Nelson County %	North Dakota % (2003)
Yes	68	69
No	10	7
Don't Know	22	24

Percentage among all respondents, excluding missing

Do you think sudden chest pain or discomfort are symptoms of a stroke?

Response Categories	Nelson County %	North Dakota % (2003)
Yes	34	36
No	38	36
Don't Know	28	28

Percentage among all respondents, excluding missing

Do you think sudden trouble walking, dizziness, or loss of balance are symptoms of a stroke?

Response Categories	Nelson County %	North Dakota % (2003)
Yes	88	88
No	5	4
Don't Know	7	8

Percentage among all respondents, excluding missing

Do you think severe headache with no known cause is a symptom of a stroke?

Response Categories	Nelson County %	North Dakota % (2003)
Yes	60	60
No	14	13
Don't Know	27	27

Percentage among all respondents, excluding missing

If you thought someone was having a heart attack or a stroke, what is the first thing you would do?

Response Categories	Nelson County %	North Dakota % (2003)
Take hospital	7	10
Call their MD	1*	1
Call 911	87	83
Call family	1*	1
Something else	4	4
Don't know	1*	1

Percentage among all respondents, excluding missing

Occupation

Which of the following most accurately describes the type of work or business you currently work in most often? Would you say...

Response Categories	Nelson County %	North Dakota %
State government employee	3	9
Other government employee	7	9
Farmer or rancher	22	8
Other farm or ranch worker	10	1
Manufacturing	13	6
Health Care	12	13
Food or drink server (waiter, waitress, bartender)	2*	3
Wholesale or retail sales	8	12
Financial services	3	4
Other	22	35

Percentage among respondents reporting they are employed for wages, self-employed, students, homemakers or retired, excluding unknown or missing

Excluding vacation days or other planned days off, during the past 12 months, how many days did you miss work due to physical illness, excluding mental or emotional illness?

Response Categories	Nelson County %	North Dakota %
0	56	54
1-5	35	36
6-10	5	3
11-20	2*	1
21+	2*	7

Percentage among respondents reporting they are employed for wages, self-employed, students, homemakers or retired, excluding unknown or missing

Excluding vacation days or other planned days off, during the past 12 months, how many days did you miss work due to mental or emotional illness, excluding physical illness?

Response Categories	Nelson County %	North Dakota %
0	97	89
1-5	2*	5
6-10	0*	0
11-20	0*	0
21+	1*	5

Percentage among respondents reporting they are employed for wages, self-employed, students, homemakers or retired, excluding unknown or missing

Child Asthma

NOTE: Very small numbers of children with current asthma in the survey sample make interpretation of most questions in this section difficult.

Has a doctor or other health professional ever told you that [randomly selected child] has asthma?

Response Categories	Nelson County %	North Dakota %
Yes	7*	10
No	93	90

Percentage among children, excluding unknown and missing

Does [randomly selected child in household] still have asthma?

Response Categories	Nelson County %	North Dakota %
Yes	76*	72
No	24*	28

Percentage among children ever diagnosed with asthma, excluding unknown and missing

Smokeless Tobacco

Have you ever used or tried any smokeless tobacco products such as chewing tobacco or snuff?

Response Categories	Nelson County %	North Dakota % (2005)
Yes	21	20
No	79	80

Percentage among all respondents, excluding unknown and missing

Do you currently use chewing tobacco or snuff every day, some days, or not at all?

Response Categories	Nelson County %	North Dakota % (2005)
Every day	17	14
Some days	6*	11
Not at all	77	76

Percentage among respondents reporting ever having tried smokeless tobacco, excluding unknown and missing

Have you ever smoked a cigar, even one or two puffs?

Response Categories	Nelson County %	North Dakota % (2003)
Yes	46	46
No	54	54

Percentage among all respondents, excluding unknown and missing

Do you now smoke cigars every day, some days, or not at all?

Response Categories	Nelson County %	North Dakota % (2003)
Every day	0*	1
Some days	4*	9
Not at all	96	90

Percentage among respondents reporting ever smoking a cigar, excluding unknown and missing

Have you ever smoked tobacco in a pipe, even one or two puffs?

Response Categories	Nelson County %	North Dakota % (2003)
Yes	21	22
No	79	78

Percentage among all respondents, excluding unknown and missing

Do you now smoke a pipe every day, some days, or not at all?

Response Categories	Nelson County %	North Dakota % (2003)
Every day	0*	1
Some days	0*	2
Not at all	100	97

Percentage among respondents reporting ever smoking tobacco in a pipe, excluding unknown and missing

A bidi is a flavored cigarette from India. Have you ever smoked a bidi, even one or two puffs?

Response Categories	Nelson County %	North Dakota % (2003)
Yes	0*	2
No	100	98

Percentage among all respondents, excluding unknown and missing

Health Care Coverage

What is the name of the health plan you use to pay for most of your medical costs?

Response Categories	Nelson County %	North Dakota %
Medicare	25	15
Medicaid or medical assistance	1*	3
Military, Tricare, or CHAMPUS	4	4
Indian Health Service	0*	0
Blue Cross/Blue Shield or Noridian	60	66
ND-PERS	0*	1
Fortis Insurance	1*	0
American Family Mutual	2	0
Medica Health Plans	0*	1
Heart of America (HMO)	0*	0
Altru Health Plan	0*	0
Other	6	9
None	1*	1

Percentage among respondents reporting having some type of health care coverage, excluding unknown and missing

Osteoporosis

Have you ever been told by a doctor, nurse or other health professional how to prevent osteoporosis?

Response Categories	Nelson County %	North Dakota %
Yes	38	NA
No	62	NA

Percentage among all respondents, excluding unknown and missing

A bone density test uses a special machine to look for osteoporosis. Have you ever had a bone density test?

Response Categories	Nelson County %	North Dakota %
Yes	23	NA
No	77	NA

Percentage among all respondents, excluding unknown and missing

Have you ever been told by a doctor, nurse, or other health professional that you have osteoporosis?

Response Categories	Nelson County %	North Dakota %
Yes	8	NA
No	92	NA

Percentage among all respondents, excluding unknown and missing

Indian Health

Do you live on a reservation or Indian Service Area?

Response Categories	Nelson County %	North Dakota %
Yes, reservation	0*	2
Yes, Indian Service Area	1*	1
No	99	97

Percentage among all respondents, excluding unknown and missing

Are you currently an enrolled tribal member?

Response Categories	Nelson County %	North Dakota %
Yes	0*	4
No	100	96

Percentage among all respondents, excluding unknown and missing

How much of your health care do you obtain from an Indian Health Service Clinic?

Response Categories	Nelson County %	North Dakota %
All	0*	1
Most	0*	1
Some	0*	1
Little	0*	0
None	100	97

Percentage among respondents reporting being an enrolled tribal member, excluding unknown and missing

Mental Health and Stigma

About how often during the past 30 days did you feel nervous? Would you say all of the time, most of the time, some of the time, a little of the time, or none of the time?

Response Categories	Nelson County %	North Dakota %
All	0*	NA
Most	2*	NA
Some	14	NA
Little	33	NA
None	50	NA

Percentage among all respondents, excluding unknown and missing

During the past 30 days, about how often did you feel hopeless or worthlessness – all of the time, most of the time, some of the time, a little of the time, or none of the time?

Response Categories	Nelson County %	North Dakota %
All	0*	NA
Most	1*	NA
Some	6	NA
Little	11	NA
None	82	NA

Percentage among all respondents, excluding unknown and missing

During the past 30 days, about how often did you feel so depressed that nothing could cheer you up?

Response Categories	Nelson County %	North Dakota %
All	0*	NA
Most	1*	NA
Some	3	NA
Little	5	NA
None	91	NA

Percentage among all respondents, excluding unknown and missing

Has a doctor or other healthcare provider ever told you that you have an anxiety disorder including acute stress disorder, anxiety, generalized anxiety disorder, obsessive-compulsive disorder, panic attacks, panic disorder, phobia, posttraumatic stress disorder, or social anxiety disorder?

Response Categories	Nelson County %	North Dakota %
Yes	6	NA
No	94	NA

Percentage among all respondents, excluding unknown and missing

Has a doctor or other healthcare provider ever told you that you have a depressive disorder including depression, dysthymia, or minor depression?

Response Categories	Nelson County %	North Dakota %
Yes	12	NA
No	88	NA

Percentage among all respondents, excluding unknown and missing

Are you now taking medicine or receiving treatment from a doctor or other health professional for a mental health condition or emotional problem?

Response Categories	Nelson County %	North Dakota %
Yes	9	NA
No	91	NA

Percentage among all respondents, excluding unknown and missing

Treatment can help people with mental illness lead normal lives. Do you agree strongly, agree slightly, neither agree nor disagree, disagree slightly, or disagree strongly?

Response Categories	Nelson County %	North Dakota %
Agree strongly	66	NA
Agree slightly	25	NA
Neither	3	NA
Disagree slightly	3	NA
Disagree strongly	1*	NA
Don't Know	3	NA

Percentage among all respondents, excluding unknown and missing

People are generally caring and sympathetic to people with mental illness. Do you agree strongly, agree slightly, neither agree nor disagree, disagree slightly, or disagree strongly?

Response Categories	Nelson County %	North Dakota %
Agree strongly	21	NA
Agree slightly	34	NA
Neither	12	NA
Disagree slightly	22	NA
Disagree strongly	7	NA
Don't Know	4	NA

Percentage among all respondents, excluding unknown and missing

Sexual Violence

Media images that portray women as sexy contribute to sexual violence. Would you say that you agree or disagree?

Response Categories	Nelson County %	North Dakota %
Agree	59	NA
Disagree	35	NA
Don't Know	5	NA

Percentage among all respondents, excluding missing

Women who dress and act in a sexy way provoke rape by their appearance and behavior.

Response Categories	Nelson County %	North Dakota %
Agree	39	NA
Disagree	57	NA
Don't Know	4	NA

Percentage among all respondents, excluding missing

Sexual harassment can include inappropriate or unwanted sexual advances or comments by another person, co-worker or supervisor.

Response Categories	Nelson County %	North Dakota %
Agree	94	NA
Disagree	5	NA
Don't Know	2	NA

Percentage among all respondents, excluding missing

It might be acceptable for a male to have sexual intercourse with a female against her will or without her consent if he spends a lot of money on her.

Response Categories	Nelson County %	North Dakota %
Agree	1*	NA
Disagree	98	NA
Don't Know	1*	NA

Percentage among all respondents, excluding missing

It might be acceptable for a male to have sexual intercourse with a female against her will or without her consent if she got him sexually excited.

Response Categories	Nelson County %	North Dakota %
Agree	5	NA
Disagree	91	NA
Don't Know	4	NA

Percentage among all respondents, excluding missing

It might be acceptable for a male to have sexual intercourse with a female against her will or without her consent if they had had sexual intercourse before.

Response Categories	Nelson County %	North Dakota %
Agree	5	NA
Disagree	91	NA
Don't Know	5	NA

Percentage among all respondents, excluding missing

It might be acceptable for a male to have sexual intercourse with a female against her will or without her consent if they were married.

Response Categories	Nelson County %	North Dakota %
Agree	14	NA
Disagree	82	NA
Don't Know	4	NA

Percentage among all respondents, excluding missing

It is never acceptable for a male to have sexual intercourse with a female against her will or without her consent. Would you say that you agree or disagree?

Response Categories	Nelson County %	North Dakota %
Agree	94	NA
Disagree	5	NA
Don't Know	1*	NA

Percentage among all respondents, excluding missing

If a women claims she was raped, the amount of resistance she put up should be a major factor in determining whether a rape has occurred. Would you say that you agree or disagree?

Response Categories	Nelson County %	North Dakota %
Agree	38	NA
Disagree	55	NA
Don't Know	7	NA

Percentage among all respondents, excluding missing

If a woman is raped when she is drunk, she is at least somewhat responsible for letting things get out of control. Would you say that you agree or disagree?

Response Categories	Nelson County %	North Dakota %
Agree	33	NA
Disagree	64	NA
Don't Know	4	NA

Percentage among all respondents, excluding missing

I would have sex with someone against their will or without their consent if I knew that I would not get caught. Would you say that you agree or disagree?

Response Categories	Nelson County %	North Dakota %
Agree	1*	NA
Disagree	99	NA
Don't Know	0*	NA

Percentage among all respondents, excluding missing

Sexual violence occurs in your community. Would you say you agree or disagree?

Response Categories	Nelson County %	North Dakota %
Agree	45	NA
Disagree	34	NA
Don't Know	21	NA

Percentage among all respondents, excluding missing

It is possible to prevent sexual violence. Would you say that you agree or disagree?

Response Categories	Nelson County %	North Dakota %
Agree	62	Na
Disagree	22	NA
Don't Know	15	NA

Percentage among all respondents, excluding missing

Sexual Orientation

Now I'll read a list of terms people sometimes use to describe themselves – heterosexual or straight, homosexual or gay/lesbian, and bisexual. As I read the list again, please stop me when I get to the term that best describes how think of yourself.

Response Categories	Nelson County %	North Dakota %
Heterosexual	98	98
Homosexual	0*	0
Bisexual	0*	1
Other	2*	1

Percentage among all respondents, excluding missing