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Online Library Resources Provide Health Information

Are you searching for information about medication, diseases, prevention, and alternative health remedies? Have you ever wondered if the medication you are taking has any potential interactions with over the counter drugs? The answers to these questions can be found in Health and Wellness Resource Center, an online health and wellness resource available from your library! The Health and Wellness Resource Center will provide users with magazines, journals, newspaper articles, medical definitions, a health care facilities directory, and information on fitness, pregnancy, medicine, nutrition, diseases, public health, occupational health and safety, alcohol and drug abuse, prescription drugs, alternative medicine, and more. Also included in this online resource are links to diet, cancer, and health assessment sites as well as government information from agencies such as the Centers for Disease Control and Prevention. This resource even includes video presentation on health topics.

Health and Wellness Resource Center and other Online Library Resources can be accessed at your library, through your library's website, or through the State Library website at www.library.nd.gov. If you forget your login information or have questions about accessing this resource, please contact your library, school, or the North Dakota State Library at 800-471-2104. The North Dakota State Library and the Online Dakota Information Network (ODIN) have coordinated the funding from the North Dakota State Legislature and libraries statewide to provide access to Online Library Resources for North Dakota citizens.