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# Discovery

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Summer 2004

## Summer Readers Celebrate With Special Program

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Laughter and coyote calls were only a few of the sounds heard coming from the south lawn of the North Dakota State Library during the Governor's Summer Reading Program celebration this past June.

New Mexico storyteller Bob Kanegis made a stop in Bismarck and took the summer readers on a journey into laughter with his "Tales and Trails" performance. The participants enjoyed an afternoon of storytelling, accordion music, snacks, and celebration.



*Storyteller Bob Kanegis squeezes out a tune on his accordion*

Thirty-four students signed up for this year's reading program, and Summer Reading Coordinator Terri Wilhelm says those numbers are encouraging, but she would like to see more students take part in the summer reading program each year. "Everyone gets busy during the summer months, but taking part in the summer program is a great way to keep up your reading skills, visit other lands, and just get away from the everyday stresses of life."



*Governor Hoeven praises readers for their efforts*

Governor John Hoeven appeared at the celebration to applaud the accomplishments of these special students and encourage them to continue reading. The North Dakota State Library, North Dakota Center for the Book, and the North Dakota Governor's office co-sponsor the Governor's Summer Reading Program which is a program for students with visual, physical, and reading impairments.

Summer readers were rewarded with great prizes and a *Discover New Trails @ Your Library* t-shirt for taking time out of their summer vacation to read.

**Talking Books Service 1-800-843-9948**  
**Dakota Radio Reading Service 1-701-328-4189**  
**Machine Lending Agency 1-800-421-1181**

## Library Adds Braille Embosser

Talking book patrons should notice a difference in some of the books they are now receiving because of a new Print/Braille label system being used by the North Dakota State Library Disability Services. The “Braille Blazer” has been in use since April, and is crucial in offering better service to all patrons.



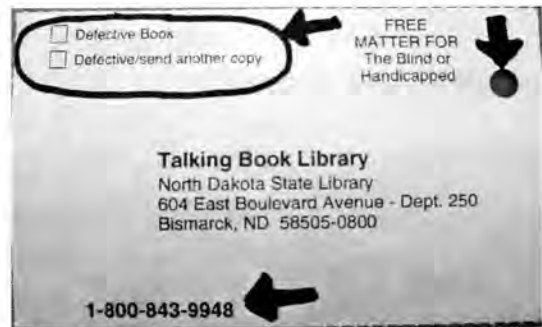
*The Braille Blazer will make reading titles easier*

The “Braille Blazer” embosses labels with Braille text which is then applied to the talking book cassettes and cases. Circulation Manager Allison Schumacher says, the system is a real benefit to readers. “Patrons who can only read Braille would get a talking book, and would not be able to identify the book without putting it in their player. Now they can read the Braille label to find out immediately what they have in hand.” The embosser is also used to make high quality printed labels which makes it easier for everyone to read.

The staff is working to put embossed Braille labels on locally produced talking books in the library, but this project will take some time, due to the number of cassettes in the collection.

## Mail Cards

If you receive a talking book and it is defective, please help by checking the proper box in the upper left hand corner of the mail card. If you do not want to receive the book again, check the first box labeled “Defective Book.” If you would like a replacement copy, please check the second box labeled “Defective/send another copy.” If you are unable to see well enough to do this, please call the toll free number at 1-800-843-9948 and re-order the book from the library. We do not automatically send out a replacement copy of a defective book, unless it is requested by the patron. Our toll free number is listed on the bottom of all mail cards.



**Hint:** If you have trouble figuring out whether or not you have the mail card placed properly to mail your book back, remember this: 1. If the hole on the card is on the upper right corner of the card, the library's address will show, 2. If the hole is on the lower right hand corner, your address will show.

## Important Information for Parents and Students

We would like to remind you that as you get older and find new reading interests, it is important to update these with our talking book staff. We need your input to update your reading level, interests, and preferences. You can make these changes by calling the North Dakota State Library at 1-800-843-9948, to make sure the materials you are receiving are age appropriate and something you are interested in reading.



Please let the North Dakota State Library know when you move from elementary school to middle school, or middle school to high school, so we can make changes in your record. It is also very important to give our library a change of address if you make a temporary or permanent move.

If you are using your machine at school, it is important to take your machine with you when you switch schools, or during your summer break. The talking book machine is checked out in your name, so it is your responsibility to keep it in your possession unless you no longer need it. To return your machine, please mail it to North Dakota Vision Services at 500 Stanford Road, Suite A, Grand Forks, ND 58203.

### How to Get Great Service

*Here are some helpful hints to help us serve you in the best way!*

- Please let us know if you are having problems with your talking book machine or talking books so we can help you solve the problem.
- If you are a “request only patron,” make sure you have enough requests on file to ensure you receive enough talking books.
- Let us know if your reading interests have changed, or if you do not like the books you are receiving.
- If you have moved, or are planning to move, make sure you give us your updated address as soon as possible so your service is not interrupted.
- If you have trouble contacting us by telephone, please don’t hang up, instead leave a message and we will get back to you as soon as possible. You can also e-mail [tbooks@state.nd.us](mailto:tbooks@state.nd.us).



## Web-Braille

Web-Braille is a service that provides electronic files of Braille books, magazines, and music to individuals registered with cooperating libraries to receive Braille materials. After registering with the library, eligible Braille readers can download the electronic files or use them online with Braille output devices. Access is password protected and limited to NLS patrons and eligible institutions.



These files may be read online or downloaded for viewing offline or embossing. Please contact the North Dakota State Library Disability Services for more information, or to sign up for the Web-Braille Service.



## Music Services and Magazines

The special music collection consists of more than 30,000 Braille and large-print music scores, texts, and instructional recordings about music and musicians on cassette. Some items are purchased from national and international commercial sources. Other materials are selected and produced in Braille and audio formats by NLS, with permission of composers, authors, and publishers. Some titles are originally developed for the NLS program. The collection includes materials from elementary to advanced levels. Holdings are searchable online at <http://www.loc.gov/nls/music/index.html>.

Persons registered for NLS music services may borrow items on three-month loan, with three-month renewals. Additional books about music and musicians are found in the general NLS collection circulated by the network of cooperating libraries.

Six music magazines are also available to active patrons. They include *Musical Mainstream*; *Contemporary Soundtrack: A Review of Pop, Jazz, Rock and Country*; *Popular Music Lead Sheets*; *Sound and Vision*; *Quarterly Music Magazine*; and *Braille Music Magazine*.

If you are interested in more information about the music services, or would like to order any of these magazines, contact the North Dakota State Library Disability Services at 1-800-843-9948.



**On the Shelf**  
*Health & Fitness*  
*Non-Fiction*

**Fall 2004**

Name \_\_\_\_\_

Phone Number \_\_\_\_\_

**RC 55327**   
**Living With Vision Problems:**  
**The Sourcebook for Blindness and**  
**Vision Impairment**  
Author: Jill Sardegna  
Brief discussion of vision problems,  
causes, prevention, and treatment.

**RC 55951**   
**Wear and Tear: Stop the Pain**  
**and put the Spring Back in Your**  
**Body**  
Author: Robert Burns Arnot  
Doctor discusses painful joint  
problems associated with  
osteoarthritis.

**RC 51034**   
**Healing Moves**  
Author: Carol Krucoff  
How to use exercise to improve  
health and fitness. Includes a detailed  
workout to allow the body to function  
properly.

**RC 52238**   
**Ultimate Fit or Fat: Get in Shape**  
**and Stay in Shape**  
Author: Covert Bailey  
Author stresses that exercise is the  
only way to change metabolism to  
convert fewer calories to fat.

**RC 52565**   
**Your Body's Many Cries for**  
**Water: You are not Sick, You**  
**are Thirsty!**  
Author: F. Batmanghelidj  
Physician proposes that chronic  
dehydration is the cause of many  
conditions and diseases.

**RC 55758**   
**Atkins for Life**  
Author: Robert C. Atkins  
The complete controlled  
carbohydrate program for  
permanent weight loss and  
good health.

**RC 55780**   
**Suzanne Somers' Fast and Easy:**  
**Lose Weight the Somersize Way**  
Author: Suzanne Somers  
Actress advocates cutting  
carbohydrate intake in  
order to lose pounds and  
maintain a healthy weight.



**RC 55993**

**The Whole Food Diabetic Cookbook**

Author: Patricia Bertron

A collection of vegetarian recipes using whole grains, legumes, fruits, and vegetables.

**RC 54131**

**The New 8-Week Cholesterol Cure**

Author: Robert Kowalski

A system of preventing coronary heart disease through diet, exercise, and stress management.

**RC 51822**

**Cook Right 4 Your Type**

Author: Peter D' Adamo

How to set up a nutritional program based on your blood type.

**RC 53832**

**Heart Attack: Advice for Patients by Patients**

Author: Kathy Berra

Heart specialists explain the diagnosis and treatment of heart attack.

Survivors give anecdotal advice.

**RC 53029**

**Swimming Past 50**

Author: Mel Goldstein

Tips and techniques for the older swimmer. Offers sample work-outs.

**RC 54906**

**Losing My Mind: An Intimate Look at Life with Alzheimer's**

Author: Thomas DeBaggio

An early onset Alzheimer's patient writes a memoir of the development of his condition.

**RC 54748**

**Type 2 Diabetes: An Essential Guide for the Newly Diagnosed**

Author: Gretchen Becker

A patient-expert guides others in understanding the condition of adult onset diabetes.

**RC 54451**

**The Health Kitchen: Recipes for a Better Body, Life, and Spirit**

Author: Rosie Daley and Andrew Weil

Authors combine nutrition facts and advice with easy to follow recipes.

**RC 57111**

**Ultimate Weight Solution**

Author: Phillip C. McGraw

Dr. Phil's seven keys to obtaining an appropriate weight.

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**Mail this form to:**

**North Dakota State Library  
Disability Services**

**604 E Boulevard Ave-Dept. #250  
Bismarck ND 58505-0800**

## **HAVA Makes Positive Changes In The Voting Process**

Submitted by: Danette Odenbach, HAVA Coordinator



The act of voting is not something that people with disabilities take lightly. Many persons with disabilities have never been able to vote without assistance. The passage of the Help America Vote Act (HAVA) by Congress signed into law in 2002, has set the stage for positive reform in the voting process, putting in place steps that will make it possible for most citizens to vote without assistance by 2006.

One of the most important pieces of HAVA deals directly with accessibility issues, both at the polling site and on equipment used for voting. By the 2006 election cycle, all North Dakota polling sites will be surveyed to meet ADA accessibility standards for existing facilities, as published by the U.S. Department of Justice.

Independent voting opportunities for all persons will be achieved with the addition of touch-screen voting devices at all polling sites. Users of the touch-screen devices will be offered information in accessible formats, such as larger type and auditory instructions for persons with visual impairments, and touch sensitive screens for those with limited dexterity.

Accessibility of all polling locations will be achieved statewide by 2006, however, improvements are being made for the 2004 election cycle. If you know of accessibility issues in your local precinct, contact your county auditor prior to Election Day (November 2) to discuss voting options.

For more information, please contact your county auditor or the Secretary of State's Office, Elections Division, at 1-800-352-0867, or TTY (701) 328-2001.

### **New Voter ID Requirements**

North Dakota voters will notice a change at the polls this year. The North Dakota Legislature passed a new law in 2003 requiring voters to show identification along with their residential address when going to the polls. This new requirement ensures the integrity of the election.

Voters should present an acceptable form of identification when heading to the polls which can include a valid driver's license, valid state identification card, valid federally-issued identification card (passport, or agency identification card) valid tribal government-issued identification card, valid student identification card, valid United States Military Identification Card, utility bill dated 30 days prior to election day with name and residential address, or change of address verification letter from the U.S. Postal Service.



*(cont. from page 7)*

“Eligible voters without identification will not be denied their right to vote and have two available options,” explains Secretary of State Al Jaeger. “If an election poll worker knows that the voter is a qualified elector of the precinct, they can vouch for that person to vote. Or a person without identification can fill out a Voter’s Affidavit, under oath, certifying their identity and right to vote in that precinct.”

If you do not have any of the identification options listed above, but would like to obtain identification prior to the election, you can obtain a non-driver photo identification card from any automated driver’s license site. For more information contact your local motor vehicle department or the Drivers License and Traffic Safety Division of the State Department of Transportation at 701-328-2600.

A fee of \$8 and proof of your current name and date of birth is required. A birth certificate or court order containing your legal name and date of birth with a court-issued seal are considered acceptable to obtain a photo identification card.

For more information, please contact your county auditor or the Secretary of State’s Office, Elections Division, at 1-800-352-0867, or TTY (701) 328-2001.

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BISMARCK ND 58505-0800